| | Warmup/ Review | Skills | Repertoire |
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| Lesson 1 | | Intro to instrument; holding the fiddle, using the bow, simple bowing exercise | Bile Em Cabbage Down on one string (A part only) |
| Lesson 2 | Review of instrument holding; have class do simple bowing exercise | Critique basics: left hand placement, bow handling, intonation, finger placement, bow position. | Bile Em Cabbage Down on one string (A part only). |
| Lesson 3 | Class plays bowing exercise and Boil Em Cabbage Down | Critique basics: left hand placement, bow handling, intonation, finger placement, bow position. Introduce playing on two strings. (1st & 2nd string) | Bile Em Cabbage Down; Introduce Liza Jane |
| Lesson 4 | Class plays bowing exercise, Boil Em Cabbage Down and Liza Jane | Critique basics. Work on bow angle & movement when playing on two or more strings. | Bile Em Cabbage Down; Liza Jane |
| Lesson 5 | Class plays bowing exercise, Boil Em Cabbage Down and Liza Jane | Critique basics. Work on bow angle & movement when playing on two or more strings. Apply basic bow rocking on 2nd & 3rd string. | Bile Em Cabbage Down; Liza Jane; Introduce Shady Grove |
| Lesson 6 | Class plays bowing exercise, Boil Em Cabbage Down, Liza Jane, and Shady Grove | Critique basics. Work on bow angle & movement when playing on two or more strings. Critique basic bow rocking. | Bile Em Cabbage Down; Liza Jane; Shady Grove |